	YYOUR POST NANE Individual Record of Volunteer Activities					
Post Member's Name	Example		Please use this form to keep track of any including attendance at Post meetings. F Submit this record to the Post Adjutant at			
Date	Hours	Description of Activity	Location	Mileage		
6/2/21		Cook and service meals for hospitalized veteral families	ns Milwaukee VA Fisher House	70		

Total Hour

For Year

4.0

and all volunteer activities you participate in, Record your mileage to and from each event. the end of each year.

Notes